

HEALTHY HABITS



A new survey from Forbes Health found that people's top-of-mind include improving fitness. Even the most well-intentioned goals can benefit from some outside motivation to keep the momentum strong. In addition to achieving personal goals, research has shown that prioritizing employee wellness leads to companies having lower healthcare costs, reduced absenteeism, and increased retention rates.

Building a health habit requires the activity to become a seamless part of the recipient's routine. One way to assist in this goal is to provide a belt-bag for essentials to facilitate a quick exit out the door.

Encourage employees to bring a healthy lunch from home instead of ordering fast food. A lunch bag provides a daily reminder at home and can be personalized with the employee's name at no additional cost.

BG370
Urban Peak® Crossbody
Belt Bag /Fanny Pack



as low as
\$15⁹⁹
min. 24

CB176
Urban Peak® Waterproof
Roxhill 12 Can Cooler



as low as
\$35⁹⁹
min. 12